



# Are you getting the most out of your team, yourself, and your life?

LEAD **2** GOALS

5-WEEK COURSE

## LEADING WITH EMOTIONAL INTELLIGENCE

In our current, and ever-evolving business world, Emotional Intelligence (EI) has become a valued trait among today's business leaders. Desired from the C-Suite on down to the new hire, incorporating EI as part of your management style, will promote a positive company culture and help drive success. This short five-session virtual course is designed to walk through the elements of EI via self-reflective learning and surveys in a reverse classroom.

### ✔ INCLUDED FOR YOU:

- Five 80-minute group sessions with an expert in the field
- A workbook that includes the lessons and the exercises
- 360-degree evaluation of your skill-set
- One 30-minute one-on-one coaching session

### ⓘ FOR YOU TO DISCOVER:

- The elements of Emotional Intelligence
- Recognize the value of each component
- Why they are important

### ⊙ ASKED OF YOU:

- Self-reflect on your behaviors
- Understand how others view your behaviors
- Learn to manage emotions instead of controlling them
- And do some hard work

### ⊙ OPPORTUNITY FOR YOU:

- Transition these skills into every aspect of your life
- Become a better communicator
- Become a better manager
- Become a better leader

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No one cares how much you know, until they know how much you care.  
— Theodore Roosevelt

CONTACT US TO BOOK TODAY! | 949.202.5763 | LEAD2GOALS.COM